



New Talent Trophy

We have been invited by the **Food Hub** to produce food preparation cards and are asking competitors to create a series of drawings or photographs to explain how to prepare vegetables. This is to provide people who may not read or speak English with directions on using vegetables that they may receive in their food hub bags. The design would need to be on an A5 page using both sides with ideally two sets of instructions on each side. The card will then be laminated for use.

Drawings or photographic illustrations should represent:

- ◆ **Chopping (maybe onions or potatoes)**
- ◆ **Slicing (maybe carrots, potatoes or celery)**
- ◆ **Grating (maybe potatoes or courgettes)**
- ◆ **Shredding (maybe cabbage)**

The card will be unique to the WI and the Food Hub so will include the name of the artist on the card too. If you require further information, please contact:

marycooke.sfw.trustee@gmail.com

The Stafford Community Food Distribution Hub (Food Hub) is part of Fare Share charity in East Midlands. The food is delivered to the hub weekly and then distributed to various outlets around Stafford.

To enter, please email admin@sfwi.org or send your artwork to Federation Office no later than **Thursday 26th September** and complete the entry from [here](#).

The entry fee for this competition is £3.50. Use reference FH/WI name/Name for BACS payments.